

ਨੰ:ਪੀ.ਏ-2021/1343

ਮਿਤੀ: 27/05/2021

ਵੱਲੋਂ

ਸਿਵਲ ਸਰਜਨ,
ਪਟਿਆਲਾ।

ਵੱਲ

ਸਮੂਹ ਸੀਨੀਅਰ ਮੈਡੀਕਲ ਅਫਸਰ,
ਇੰ:ਸੀ. ਐਚ/ਸੀ. ਐਚ. ਸੀ /ਪੀ. ਐਚ. ਸੀ ,
ਜਿਲਾ ਪਟਿਆਲਾ।

ਵਿਸ਼ਾ:

Revised Guidelines for Home Isolation of mild/asymptomatic Covid-19 cases.

ਹਵਾਲਾ:

ਡਾਇਰੈਕਟਰ ਸਿਹਤ ਤੇ ਪਰਿਵਾਰ ਭਲਾਈ, ਪੰਜਾਬ ਜੀ ਦੇ ਪੱ:ਨੰ: Covid/NHM/Pb/ 21/12580-601 ਮਿਤੀ 26-05-2021 ਦੇ ਸਬੰਧ ਵਿੱਚ।

ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਤੇ ਹਵਾਲੇ ਅਧੀਨ ਪੱਤਰ(ਕਾਪੀ ਨੱਥੀ ਹੈ) ਰਾਹੀਂ ਪ੍ਰਾਪਤ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਦੱਸਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਕੋਵਿਡ ਪੋਜੇਟਿਵ ਮਰੀਜ਼ ਜਿਹੜੇ ਕਿ ਪਹਿਲਾਂ 17 ਦਿਨਾਂ ਲਈ ਹੋਮ ਆਈਸੋਲੇਸ਼ਨ ਹੁੰਦੇ ਸਨ, ਹੁਣ ਇਹ ਸਮਾਂ ਘਟਾਕੇ 10 ਦਿਨਾਂ ਦਾ ਕਰ ਦਿੱਤਾ ਗਿਆ ਹੈ। ਇਸ ਲਈ ਪੱਤਰ ਵਿੱਚ ਦਰਸਾਈਆਂ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਕਾਰਵਾਈ ਕਰਨੀ ਯਕੀਨੀ ਬਣਾਈ ਜਾਵੇ।

ਨੱਥੀ:ਉਕਤ ਅਨੁਸਾਰ।


ਸਿਵਲ ਸਰਜਨ,
ਪਟਿਆਲਾ।
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Directorate of Health & Family Welfare
Government of Punjab
Parivar Kalyan Bhawan, Sector-34A, Chandigarh.

No. COVID/NHM/Pb/21/12580-601

Dated: 26.05.2021

To

All the Civil Surgeons of Punjab

Subject: Revised Guidelines for Home Isolation of mild/asymptomatic COVID-19 cases.

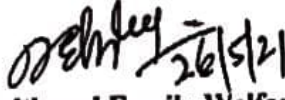
Reference to the above mentioned subject, Ministry of Health and Family Welfare, Government of India has issued revised guidelines on 28.04.2021

The important points for consideration are:

1. Elderly patients aged from more than 60 years and those with co-morbid conditions such as Hypertension, Diabetes, Heart disease, Chronic lung/liver/kidney disease, Cerebro-vascular disease etc shall only be allowed home isolation after proper evaluation by the treating medical officer.
2. The decision to administer Remdesivir or any other investigational therapy must be taken by a medical professional and administered only in a hospital setting. Do not attempt to procure or administer Remdesivir at home.
3. Systemic oral steroids not indicated in mild disease. If symptoms persist beyond 7 days (persistent fever, worsening cough etc.) consult the treating doctor for treatment with low dose oral steroids.
4. When to discontinue home isolation: Patient under home isolation will stand discharged and end isolation after at least 10 days have passed from onset of symptoms (or from date of sampling for asymptomatic cases) and no fever for 3 days. There is no need for testing after the home isolation period is over.

This is for your information and necessary action.


Enclosed: Revised Guidelines for Home Isolation of mild/asymptomatic COVID-19 cases. Department of Health and Family Welfare, Government of India, dated 28.04.2021


Director, Health and Family Welfare, Punjab

No. COVID/NHM/Pb/21/12602-26

Dated:- 26.05.2021

1. All the Deputy Commissioners of Punjab
2. PS to Principal Secretary, Health & Family Welfare, Punjab.
3. PA to Mission Director, National Health Mission, Punjab.
4. PA to Managing Director, PHSC, Punjab.


Director, Health and Family Welfare, Punjab